



Criteria

Dr Bells has a new criteria; please familiarise yourself with the content as there has been changes to our organisation.

Context

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Dr Bell's Family Centre | 15 Junction Place | Edinburgh | EH6 5JA
Telephone: 0131 553 0100 | Email: info@dbfc.org.uk

www.drbells.co.uk

Dr Bell's is registered in Scotland as a limited company, no. 289985
Scottish charity no. SC037216





Aims

Dr Bells believes in **supporting families that live in Leith with young children (under the age of 5)** to access a variety of support services and social opportunities within the community. We aim to deliver a programme of family learning and family support; individual and group-based therapeutic services; food and nutrition resources; early education and childcare; and volunteer and student placements with the focus to improve health and wellbeing and change young children's life outcomes.

Objectives

- Provide free or low cost childcare (6 months- 5 years) which enables parents and carers facing difficulty to access groups and attend appointments (counselling);
- Provide access to educational play to help children facing disadvantages to reach their developmental milestones and feel emotionally safe and confident in their learning and play;
- Provide a programme of family learning groups and activities that give parents knowledge of child development and how to promote good health and wellbeing in their children and themselves;
- Support parents who face difficulty to come together and develop new ways of supporting each other through groups or activities;
- Offer topic based drop-in sessions and one off events on issues pertinent to local families;
- Develop opportunities for local people and local organisations to be more directly involved in community activities which support inclusion, community capacity building, community cohesion and growth towards long term local solutions to disadvantage and isolation.

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Support at Dr Bells

How do we offer support?

Dr Bells is no longer able to offer free supported spaces for our crèche.

Due to changes in funding we cannot take referrals for a free supported space as we previously had done.

- Families must participate in groups or attend our counselling service to receive a free childcare space.
- We understand that a family may be looking for respite. So to accommodate this we can offer crèche spaces for a fee of £5 per two hour session. Please recognise that we operate a waiting list for our respite spaces.

How long do we support families for?

- Support at Dr Bells is not limited to a time frame; however we will now be running our childcare in terms. This is to ensure that bubbles can be created for children in our care to limit the contact between families. At the end of each term if support is still required then a family may continue to engage with our services if we can continue to provide appropriate assistance.
- Where possible families will be signposted and referred to partner services when there is a need we cannot meet.

How do we assess family's needs?

- When interest is noted staff will have an informal chat to see how best support can be offered and what groups will be most appropriate to meet the needs of the family.

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How to make a referral

Whether you are making a referral on behalf of someone else or referring yourself/your family **all referrals should be made via phone call: 0131 553 0100; or by emailing: info@dbfc.org.uk**

We don't want to make things complicated with forms so our team will have a conversation to find out what support is required and what we have available to help; it's that simple 😊

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Contact Information

If further information is required please contact the appropriate person regarding your query.

For **general information; volunteering and student placements; and groups** please contact our Centre Manager, Danielle at info@dbfc.org.uk

For information about **crèche** contact our Childcare Manager, Megan at creche@dbfc.org.uk

Or call 0131 553 0100.

Please be aware that due to current circumstances that our team will be working remotely on Thursday and Fridays. If you require information on these days the numbers to call are:

Danielle – Centre Manager: 07753647981

Sally – Development Worker: 07754565983

Molly – Volunteer & Engagement Officer: 07753649372

These numbers are available during working hours 9am-4pm

Creche Mobile: 07753649372

Monday-Wednesday 9am-3pm

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